



# ***Breakthrough Parenting® : Moving from Struggle to Cooperation***

## **Home Study Course**

Many parents are unable to attend classes and still would like the benefit of learning the curriculum. Once you are finished a Breakthrough Parenting Instructor will read your workbook and send it back to you with a letter of completion.

In this unique 10-week course you will learn *psychologically advanced skills* that will *replace* the outdated permissive and authoritarian *methods that don't work well with today's children*.

The award-winning Breakthrough Parenting program is based on Dr. Jayne A. Major's practical research and real-life experience with training over 19,000 parents. It offers an in-depth understanding of the underlying causes of children's behavior, and proven methods to turn power struggles into cooperation virtually overnight.

**COURSE FEE: \$110 includes book and workbook completion letter.**

You will greatly increase your skills and knowledge about how to promote a child's self-esteem, teach self-discipline, resolving conflicts easily and how to be sensitive to a child's developmental needs.

The goal of the course is to help you promote responsible, thinking, loving and confident children while parenting effectively by substituting discipline for punishment. Parents report positive, lasting results with their children as well as improved relationships in all areas of their lives.

To sign up for the Home Study Course go to the **BPS Store**.