



Breakthrough Parenting®: **South Bay! ...From Struggle to Cooperation**

Breakthrough Parenting®: Moving from Struggle to Cooperation is a unique 10-week course for parents where we learn *advanced skills* to *replace* outdated permissive and authoritarian methods that don't work well with today's children. **Great for Dads and Moms alike!**

The award-winning Breakthrough Parenting program is presented by James A. Schweikert CIC, Certified Parenting Instructor, and is based on Dr. Jayne A. Major's practical research and real-life experience in training over 19,000 parents. She is a nationally known, award-winning parent education expert and author of six books including *Breakthrough Parenting: Moving from Struggle to Cooperation*. It offers an in-depth understanding of the underlying causes of children's behavior, and proven methods that can turn power struggles into cooperation virtually overnight.

This class features dramatizations of discipline situations that demonstrate what can work with difficult problems. These dramatizations are fascinating and show ideas and tools for effective discipline, improved achievement and modeling appropriate behaviors and skills.

You can greatly increase your own skills and knowledge, build your children's self-esteem, better understand how they think, teach self-discipline, and resolve conflicts more easily. The goal of the course is to help you raise responsible, thinking, loving and confident children using effective discipline without punishment, and ultimately - to strengthen the family.

A proven program...thousands of parents report positive, lasting results with their children.
UPON CONCLUSION OF PROGRAM, LETTER OF COMPLETION PROVIDED.

WHEN: Sundays 3-5:15 pm with continuous enrollment (start anytime)

LOCATION: The Citibank Building: 3812 Sepulveda Blvd., Suite 340, Blvd., Torrance.
2-3 miles north of PCH, from the north, exit the 405 at Hawthorne Blvd, go south approx. 4 miles, on west side just after Sepulveda Blvd... plenty of free parking.

INSTRUCTOR: James A. Schweikert CIC, Certified Breakthrough Parenting Instructor

COURSE FEE: Call for information and registration, limited enrollment.

J.A. Schweikert, CIC, father of three, inspires parents to use creative tools in connecting with their children. His humorous and empathetic style draws on his experiences with divorce, as a writer of inspirational children's stories, hospice volunteer, read-aloud dad, and founder of WPSA, a safety-consulting firm.

INFORMATION and REGISTRATION: Phone: (310) 375-0447

E-mail: parentwell@earthlink.net

Breakthrough Parents of South Bay

3812 Sepulveda Blvd., Suite 340, Torrance, Ca 90505