



Breakthrough Parenting® :

South Bay! ...From Struggle to Cooperation

Breakthrough Parenting®: Moving from Struggle to Cooperation is a unique 10-week course for parents where we learn *advanced skills to replace* outdated permissive and authoritarian *methods that don't work well with today's children. Great for Dads and Moms alike!*

The award-winning Breakthrough Parenting® program is presented by James A. Schweikert , Certified Parenting Instructor, and is based on Dr. Jayne Major's practical research and real-life experience in training over 19,000 parents. She is a nationally known, award-winning parent education expert and author of six books including ***Breakthrough Parenting: Moving from Struggle to Cooperation***. It offers an in-depth understanding of the underlying causes of children's behavior, and proven methods that can turn power struggles into cooperation virtually overnight. Life Skills for the modern Parent !

This class features dramatizations of discipline situations that demonstrate what can work with difficult problems. These dramatizations are fascinating and show ideas and tools for effective discipline, improved achievement and modeling appropriate behaviors and skills.

Greatly increase your skills and knowledge, raise children's self-esteem, better understand how they think, teach self-discipline and resolve conflicts more easily. The goal of the course is to help you raise responsible, thinking, loving and confident children using effective discipline without punishment, and ultimately - to strengthen the family. One of the most respected Parent Education Programs serving the L.A. Family & Children's Courts, the D.A. and DCFS.

A proven program...thousands of parents report positive, lasting results with their children. *UPON CONCLUSION OF PROGRAM, LETTER OF COMPLETION PROVIDED*.

WHEN: Sundays 3-5:15 pm with continuous enrollment (start anytime)

LOCATION: Torrance Community Church of the Nazarine, 700 Maple St., north of Torrance Blvd, across street from courthouse.

INSTRUCTOR: James A. Schweikert, Certified Breakthrough Parenting Instructor

REG. & FEE: Low fee, call to register, limited enrollment.

J.A. Schweikert, divorced father of two, inspires parents to use creative tools in connecting with their children. His humorous, passionate and empathetic style draws on his experience with divorce, children's safety education, children's literature, single parenting, and as founder and Chief Instructor of a personal safety training firm for women & children.

INFORMATION and REGISTRATION: Phone: (310) 375-0440

E-mail: parentwell@earthlink.net

Breakthrough Parents of South Bay